



# LORICA

October 2010

from mother cynthia

## What is Mutual Ministry?

### Part 1 of a 3-Part Series

The Episcopal Church believes in Jesus Christ as our Lord and Savior, and that Holy Scriptures contain all things necessary for salvation. We base our ethos and values on three things: scripture, tradition and reason, often called the “3-legged stool” of the church. Scripture being both the Old and New Testaments of the bible, as well as the Apocrypha; Tradition being the inherited rites, rituals and customs of the whole Church as well as the 500-year history of the Anglican Communion and Episcopal Church; Reason being our ability to think, pray, and respond to the Gospel of Jesus Christ in our daily lives and in the world—and to do something with our faith.

In the Episcopal Church we believe and teach that the ministers of the church are all persons: lay persons, bishops, priests and deacons. This is why we have four “orders” of ministry. I want to emphasize that the teachings of the Church, our liturgy, and our polity make it clear that all of us are called to mutual ministry in and for the Church. This is one reason why we all have particular roles to fulfill in our worship and in the running of the church.

As a priest, I am under specific orders that I have been called to fulfill (hence the term “Holy Orders”). When I was ordained almost ten years ago, I covenanted with the Church and God to work as pastor, priest and teacher and to take my share in the councils of the Church. I am specifically tasked to “proclaim by word and deed the Gospel of Jesus Christ ... to love and serve the people among whom I work, caring alike for young and old, strong and weak, rich and poor. I am to preach, to declare God’s forgiveness to penitent sinners, to pronounce God’s blessing, to share in the administration of Holy Baptism and in the celebration of the mysteries of Christ’s Body and Blood, and to perform the other ministrations entrusted to you.” (BCP 531).

When I was called as your vicar, the Bishop required that we establish an agreement of mutual ministry that outlines how the congregation, the Bishop’s Committee and myself will do ministry together through this church of St. Hilda St. Patrick. The emphasis is on the mutuality of our ministry together.

We started work on an agreement of mutual ministry in January at our annual meeting when we had table conversations about our goals and plans for this year. It may not have seemed like it at the time, but you all laid the foundation for the mission work and ministry we have been doing this year. Like all good things in the church, our ministry has been organic and growing based on our prayers, the leadership

*continued on page 2*

*The Lorica’s mission is to share the love of Jesus Christ through communication, information, education, and wholesome entertainment.*

*We intend to make quality and substance a priority and to provide a safe forum for dialogue on the spiritual and social issues of the day in which divergent views are treated respectfully and without judgment.*

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St. Hilda St. Patrick Episcopal Church

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## Mother Cynthia's Message

*continued from page 1*

God has called forth in our midst, and the mission we believe God is calling us into.

The first part of any mutual ministry agreement, are goals—what is it that we believe we should be doing in God's name? After your input at the annual meeting, the Bishop's Committee worked on developing three goals during the first part of this year. These goals are:

1. Raise Awareness and Participation of Children & Youth in the Life of the Congregation
2. Everybody Becomes Somebody: You are the Church
3. Become a "Church at the Crossroads," a refuge from the daily troubles of the world that supports the transformation of ourselves and others.

Of course the mutual part is that everyone has something to do with living into these goals. Under each goal are more detailed ministries and things that we each have a role in accomplishing. There is something for the congregation, the Bishop's Committee and myself to do in meeting each goal. For example, under the goal to Raise Awareness and Participation of Children & Youth in the Life of the Congregation, one of the details we have is to have host-homes for all youth participants in the JYC (Junior High Youth conference) that we are hosting in November. With thanks to all of you (and a hearty "thank-you" to Sue Rizzotti!) the good news is we have enough host homes for the kids who will be coming to pray, sing and worship in our church that weekend.

Everything we have been doing this year has been oriented toward living into these goals. The new nametags (with a huge "thank-you" to Nora Cheek!), the growth in our Godly Play program, the intentional work of the BC to meet each person and make personal contacts, all this has been how we are working on and living into our mutual ministry.

Yet, we have more to do. There is always God's work to be done. In next month's *Lorica*, I will provide more detailed information about each goal, and talk about what our specific responsibilities are towards meeting these goals, as the congregation, as the Bishop's Committee and as your vicar of this church.

## Music Notes

Fall is upon us and our music program is in full gear. The choir now processes and recesses, providing additional pageantry that is a wonderful part of the Episcopal Church. The most exciting change involves the rearrangement of the music area, so that the choir sits in an area where their voices are better heard and they are better seen. Also, the choir is closer to the piano and able to see as I conduct. This has been an ongoing problem for us as musicians. Thankfully, the choir members are so good at their craft that they have been able to perform despite these difficulties, although it hasn't been easy. We are excited with these changes and hope to make the music area even more visually appealing. A fundraiser is planned for February to provide additional choir robes to complete our look. I hope everyone enjoys and finds inspiration in the music.

B'Shalom

—Andrea

## NEARSIGHTED COMICS

BY RICK SCHMITZ



"Now?! Do you see any litter boxes up here?"

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## senior warden's report

This month, I'd like to update you on what's going well, some upcoming issues your Bishop's Committee (BC) will need to address, and a continuing challenge we have in getting sufficient engagement from our congregation. First, let's celebrate our successes: now that we have a fundraising policy in place to support and expand SHSP operations and ministries, I'd like to acknowledge a very encouraging development that supports our Godly Play program. As many of you know, Val Kelley and Andrea Riseden-Perry, along with many of our young members, are holding a series of fundraising efforts to raise monies needed for Deb Walrath (our Godly Play coordinator), since her salary was not funded in this year's operations budget. Their first effort, "Sundaes on Sunday" during the Welcome Back Barbeque, raised over \$660, which is about a third of the total needed. Kudos to all who organized and worked at this event, and we extend our appreciation for all who supported it.

Another bit of good news regarding our budget. As Treasurer Bernie Johnson has informed us each month with his reports, our year-to-date revenues have matched or slightly exceeded our expenses so far this calendar year. This puts our overall finances in a much better situation than last year, reflecting the gracious support of our members and the efforts of your BC to construct a balanced budget and prioritize our needs. However, out of necessity, we had to make difficult reductions in staffing, operations and support of our ministries. We also have very little in the way of reserve funds or in the ability to expand our support of current and proposed ministries. Thus, as we head into our annual stewardship campaign, your BC must consider changes to next year's budget accordingly. For example, we would like to return to supporting a full-time Vicar, while also preparing for upcoming capital expenditures (e.g., building maintenance). While we are grow-

ing as a congregation, for us to "be all that we can be" will require a balance between financial diligence, priority setting, and achieving our congregational goals.

Finally, a few words on how we need all of our members to get engaged in supporting our operations and ministries. Again, I prefer to start with the positive: as many of you know, SHSP will be hosting our Diocese's Junior High Youth Conference this November (for additional information, see <http://www.ecww.org/JYC.cfm> ). This means

that we need to provide housing for all the kids that will be participating. Thanks to Sue Rizzotti for leading the recruitment effort to coordinate homes and transportation for the participating youth, as our members responded overwhelmingly: the offers to host the participants exceeded the demand, and such generosity shown by our members is incredibly rewarding and inspirational.

Of course, as I mention above, there's the other side that I need to address as well. In last month's Re-

port, I detailed the need to find a way to provide hospitality on Sunday mornings in a sustainable manner in which no one feels unduly burdened. At present, we have a weekly sign up sheet, with spaces for anyone to sign up to help with either (a) set up, (b) clean up, and/or (c) food for coffee hour. Unfortunately, there have been several weeks where only one individual or family has signed up, which puts a heavier burden on those who try and provide this service. Hence my appeal to you, presented as an analogy. With respect to the upcoming elections in November, it is often said that regardless of anyone's political preferences, we all should vote—but if you choose not to vote, don't complain about the outcome. Similarly, if you value our Sunday morning hospitality, please sign up to help provide it, but otherwise, don't complain when "somebody" else doesn't.

—Jeff Cheek

First,  
let's  
celebrate  
our  
successes...

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## Who are we at

### St. Hilda St. Patrick?

**Community Potluck, Saturday, October 9,  
beginning at 5:00 p.m.**

The timeline has been hanging in the rotunda for several weeks, and it is getting filled up with information about when people have made St.H&P their church home. It is fun to see through the last 40+ years who has come. Many people are taking the time to answer the questions on the timeline, too. What keeps you coming to St. H&P? What is important for you here? Who or what at the church has affected you? Now we have chance to look at the timeline together and learn more about who we are as a community.

On Saturday, Oct. 9, beginning at 5:00 p.m., we will come together and share a meal and listen and tell our stories about this church. It is an evening of fellowship, food, and the opportunity to meet one another. If you came to the Welcome Back BBQ in September, this will be your chance to talk more to those people you just met. If you are new to our church, this will be a great introduction to our community. We will talk a bit about the history of the church, about our church structure and the way we run ourselves, and we'll talk about the mission of the church that God is calling us to.

Please bring a dish to share, and an open heart to meet new people.

### Art and the Gospel

**Sunday, October 17 after the 10:00 a.m. service**

Through the centuries, God's call in the lives of humans has inspired works of art, from the amazing Sistine Chapel to poetry, to fiction, to photography. We have in our congregation several people who have recently published and/or displayed their creative efforts, and so we are holding a Sunday devoted to Art and the Gospel. (Gospel meaning Good News, particularly the Good News of God in Jesus Christ.)

Benjamin Comings will have copies of his two books: *The Gospels in Parallel* and *Locust Eater's*

*Sundial*. *The Gospels in Parallel* presents the four Gospels of the King James Bible (Matthew, Mark, Luke, and John) with their parallel verses interleaved, together with parallels from the Old Testament, following the order of events in Mark. This harmony of the Gospels is inspiring reading and a helpful tool for Bible research and sermon-writing. *Locust Eater's Sundial* is Ben's most recent book and contains meditations on faith, love, God, the human condition, and the creation we share.

The Rev. Peter Snow will have copies of his recently published book: *Jesus, Man Not Myth*. Peter describes his book this way: This is a novel, a work of fiction about the person of Jesus of Nazareth. "I wrote this book for all of you who have questions about this Jesus of Nazareth. For me, and for many millions like me worldwide, he is now the Christ, The Man, The Judge, King, Savior, Healer, and Teacher. But, what of those first years before his death? What was his life like? For those of us willing to accept the Shroud of Turin as genuine, we now have a computer enhanced photograph of his face, but what was he like to be with? Why did so many listen to his teaching, and why would anyone be so offended or threatened by his teaching that they had to get rid of him permanently?"

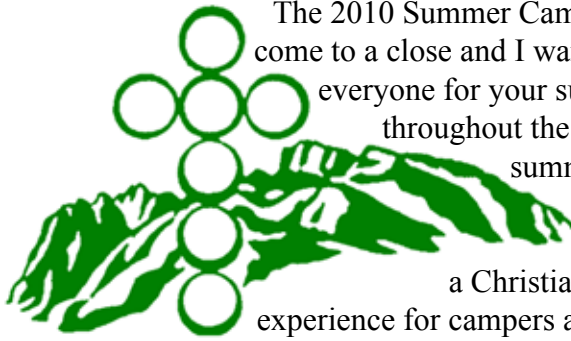
Sam Magill's *Fully Human* is as much a book of poetry as verse. In his acknowledgments, Sam writes, "The fact you are holding this small volume of poems is a miracle of relationships." Sam's poetry speaks of friendships, what it means to be human and especially how those two things interact and collide to make our lives rich.

In addition to the books and their authors, two visual artists, Loretta Matson and Sam Magill, will present their selected photographs in the rotunda.

This is the first in what we hope will be a series of events celebrating our creative response to the calling of God in our lives.

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## Hello from Huston!



The 2010 Summer Camp season has come to a close and I want to thank everyone for your support throughout the year! This summer was a success in providing a Christian camping experience for campers and families through programs such as Resident Camp, Horse & Buckaroo Camps, Theater Camp, International Odyssey, Mini Camp, and Family Camp. We are already looking forward to further providing those opportunities in 2011 – look for the 2011 Summer Camp schedule next month!

Until next summer arrives, here are some upcoming events to look forward to and ways to be involved in Camp Huston throughout the year:

- **Huston Scrapbook Retreat, November 4-7, 2010** – Calling all croppers! Join us at Camp Huston for to finish your scrapbooks and memory books. Each attendee will be provided with one 6ft. table of space and all the time in the world. Find a registration form and more information at [www.huston.org](http://www.huston.org) or contact the Huston office at 360-793-0441 or [info@huston.org](mailto:info@huston.org).

- **Thanksgiving Family Camp, November 25-28, 2010** – Starting with a traditional Thanksgiving dinner on Thursday night and followed by a weekend opportunity, this weekend promises to be one of thanks, community, relaxation, and fun! Each day choose from crafty and active activities available or simply sit by the fire and enjoy one of several flavors of pie. Join Rev. Peter DeVeau and the Huston community for this annual event! Cost is \$150/adult, \$100/child 3-12 years old. Look for more information and a registration form online at [www.huston.org](http://www.huston.org) or contact the Huston office at 360-793-0441 or [info@huston.org](mailto:info@huston.org).

- **Quilter's Holiday Retreat, December 1-5, 2010** - One week more to prepare for Christmas! Quilters bring your unfinished projects to Huston Center and enjoy all the time you need to quilt! Family style meals are the only scheduled events, the rest of the time is yours! A silent auction will also be held to raise funds for the Camp Huston

campership fund. Four-night, three-night, and two-night options available at this annual holiday getaway. Find a registration form and more information online at [www.huston.org](http://www.huston.org) or contact the Huston office at 360-793-0441 or [info@huston.org](mailto:info@huston.org).

- **Winter Camp, December 29, 2010–January 2, 2010** – Are you in 6-10th grade and looking for a fun place to be this New Year's Eve?! Come on out to Camp Huston for all your favorite camp activities and new opportunities offered by a different season at camp. Similar to Summer Camp, Discovery Groups will develop throughout the week. Then, all together we will enjoy a one of a kind New Year's Eve celebration! Don't miss this great opportunity! Cost is \$295/person and includes lodging, meals, activities, and a Winter Camp t-shirt. Visit [www.huston.org](http://www.huston.org) or contact the Huston office at 360-793-0441 or [info@huston.org](mailto:info@huston.org) for more information.

- **Huston Newsletter** – A Huston Camp and Conference Center newsletter is scheduled to hit the stands this fall! If you are not already on the mailing list and would like to be, please send an email to [info@huston.org](mailto:info@huston.org) or call the Huston office with the following information:

Name

Address

Email

Phone #

Areas of Interest – Summer Camp, Family Camps, Quilting, Scrapbooking, etc.

- **Retreat Dates** – Huston Center currently has some dates available for February/March/April and Summer/Fall 2011. If you are interested in discussing the options for a Vestry retreat, or other retreat for your congregation, during these times, please contact me to discuss availability. If you are interested in August or September 2011 – now is a great time to get on the calendar!

Blessings for the upcoming fall season!

Chelsea Hendrikx

Program Director

Huston Camp and Conference Center

w: 360- 793-0441, c: 206-909-2597

## August Financials

Category	Actuals	Budget Est	Variance*
<b>Income</b>			
Pledge Income	\$11,106	\$10,417	\$689
Plate Income	\$1,724	\$1,317	\$407
Facility Income	\$1,320	\$683	\$637
Other Income	\$129	\$146	-\$17
Non-Operating Inc.	\$165	\$213	-\$48
Total Income	\$14,444	\$12,776	\$1668
<b>Expenses</b>			
Operating Exp.	\$11,577	\$12,757	-\$1,180
Non-Operating Exp.	\$338	\$871	-\$533
Total Expenses	\$11,915	\$13,628	-\$1,713
Over Run/Under Run			
(Income - Expense)	\$2,529	-\$852	\$3,381

### INCOME

Our total income for August again significantly exceeds our Budgeted Estimate. We are continuing to provide the needed funds to be Christ's hands and feet on earth. To temper this, I note that the facility income for September was prepaid in August and will reduce September Income. Nevertheless, this should not cloud the fact that both pledge and plate exceeded our estimate.

### EXPENSES

The August expenses were less anticipated, due to our conservation.

### SUMMARY

First of all, I, along with our Vicar and BC members, thank all our members and friends for their generous support throughout the year. We are truly blessed! You have given your pledges and then some!

Our income has exceeded our expectations in these hard times. We should all congratulate ourselves for our good work.

Thank you all again for your generosity.

—Bernie Johnson, Treasurer

\*Variance = Actuals – Budget

## 17th Century Nun's Prayer on living in community

LORD,

Thou knowest better than I know myself that I am growing older and will some day be old. Keep me from the fatal habit of thinking I must say something on every subject and on every occasion. Release me from craving to straighten out everybody's affairs. Make me thoughtful but not moody: helpful but not bossy. With my vast store of wisdom, it seems a pity not to use it all, but Thou knowest Lord that I want a few friends at the end.

Keep my mind free from the recital of endless details; give me wings to get to the point. Seal my lips on my aches and pains. They are increasing, and love of rehearsing them is becoming sweeter as the years go by. I dare not ask for grace enough to enjoy the tales of others' pains, but help me to endure them with patience.

I dare not ask for improved memory, but for a growing humility and a lessing cock-sureness when my memory seems to clash with the memories of others. Teach me the glorious lesson that occasionally I may be mistaken.

Keep me reasonably sweet; I do not want to be a Saint — some of them are so hard to live with — but a sour old person is one of the crowning works of the devil. Give me the ability to see good things in unexpected places, and talents in unexpected people. And, give me, O Lord, the grace to tell them so.

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# THE PIOUS GOURMET

Since we are now in football season, I thought I would supply a few recipes for game day festivities.

## Edible Snack Bowl

Ingredients:

2 large egg whites  
8 cups snack mix (such as Chex mix)  
cooking spray.

Preheat oven to 325. Beat egg whites and 2 tablespoons water in large bowl with mixer until slightly stiff peaks form. Add the snack mix and toss evenly until coated. Generously coat a 3-quart ovenproof bowl with cooking spray and place the snack mix in it. Crumple a large sheet of foil and mold into a bowl shape about  $\frac{1}{3}$  the size of the 3-quart bowl. Coat the outside of the foil bowl with cooking spray and press into the snack bowl to make a well in the middle, forming the snack mix into a bowl shape. Place the bowl with the foil in the oven and bake until the snack mix sets, about 30 minutes. Remove from the oven and let cool slightly, about 5 minutes. Carefully remove the foil. Cool another 30 minutes, then invert the edible bowl onto a plate and cool completely.

## Roasted Garlic Bacon Dip

Ingredients:

2 heads of garlic  
olive oil  
1½ cups sour cream  
¾ cup mayonnaise  
chopped chives and scallions  
Worcestershire sauce  
salt and pepper to your taste  
6 slices of chopped, crisp bacon

Cut the tops off of garlic, drizzle with olive oil, wrap in foil and bake at 400 degrees until tender, about 45 minutes. Cool, then mix the pulp with the sour cream, mayo, chives and scallions (as many or as little as you want) and Worcestershire sauce, salt and pepper. Add bacon, then stir and serve to your hungry horde.

## Potato Skins

This is the recipe for classic potato skins. Once you get this down, what you add on top of them is up to you and your culinary imagination.

Ingredients:

4 large russet potatoes  
melted butter  
salt and pepper  
your favorite toppings

Pierce potatoes with a fork. Bake directly on the oven rack at 350 degrees until tender, about 1 hour. Let cool, then quarter lengthwise and scoop out the flesh, leaving a  $\frac{1}{4}$ -inch shell. Brush both sides with melted butter and season with salt and pepper. Bake, skin-side up, at 450 degrees until crisp, about 15 minutes, then add your favorite toppings. For cheesy skins, flip the baked shells over before topping, sprinkle with 1 cup grated cheddar cheese and bake an extra 5 minutes. Of course, if you are having a huge crowd at your home, you are going to want to double or triple this recipe.

Go Seahawks!!!



# October Schedule

	October 3 Pentecost 19	October 10 Pentecost 20	October 17 Pentecost 21	October 24 Pentecost 22	October 31 Pentecost 23
<b>Altar Guild</b>	Janet Kowalski Melody Oxley Rosemary Stapleton	Janet Kowalski Melody Oxley Rosemary Stapleton	Pam Gaspers Paige Seaborg Martha Walker	Pam Gaspers Paige Seaborg Martha Walker	Jill Johnson Sue Shepherd Nancy Smith Nora Cheek
<b>Linens</b>	Rosemary Harris	Rosemary Harris	Rosemary Harris	Rosemary Harris	Rosemary Harris
<b>Godly Play</b>					
<i>Greeter</i>	Carol Rypkema Pam Gaspers	Sam Magill	Don Kelso	April Cooper Sue Shepherd	Deb Walrath
<i>Story Teller</i>	Deb Walrath	Sharon Rader	Sue Shepherd	Cynthia Espeseth	Sharon Rader
<b>Greeters</b>	Louise Stanton-Masten Martha Walker	Maria Han  Don Kelso	Janet & Joe Kowalski	Don Kelso Richard Lee	Carol Aguayo Richard Lee
<b>Ushers</b>	Carol Aguayo Mary Helen Roberts	Nora & Jeff Cheek	Gwynne Briggs Richard Lee	Betty & Richard Romero	Mary-Helen Roberts Louise Stanton-Masten
<b>Rite II -10:00 a.m.</b> <i>PLEASE TRY TO FIND YOUR OWN SUBSTITUTE</i>					
<b>Lector (OT)</b>	Loretta Matson	Mike Rizzotti	Mary Magill	Eileen Bernat	Paige Seaborg
<b>Psalm</b>	Loretta Matson	Brent Bettis	Jill Comings	Jeff Cheek	Valerie Kelley
<b>Lector (NT)</b>	Jeff Cheek	Brent Bettis	Michael Rader	Jim Patrick	Chris Kelley
<b>EM</b>	Loretta Matson	Nancy Smith	Michael Rader	Greg Walrath	Valerie Kelley
<b>EM</b>	Mary Magill	Ray Smith	Ben Comings	Mike Rizzotti	Sue Shepherd
<b>Plate</b>	Martha Walker	Denise Avery	Karen Haslem	Martha Walker	Denise Avery
<b>Counters</b>	Marcos Valle	Bob Espeseth	Joe Kowalski	Don Kelso	Marcos Valle

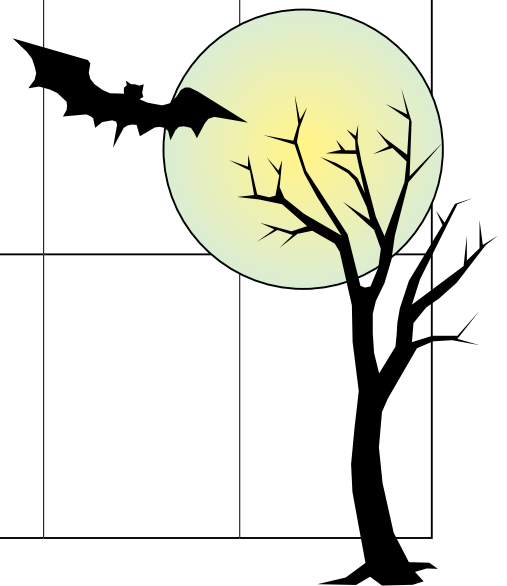


**Organ Transplant Team**



# OCTOBER 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 • Rite I 8 a.m. • Rite II 10 a.m. • <i>The Expedition, parish hall, 4:30 p.m.</i>	4 • <i>Al-Anon 7 p.m.</i>	5 • Chateau Pacific Holy Eucharist 1:15 p.m. • <i>Camp Fire Group 7 p.m.</i>	6 • Rite II 12:30 p.m. • Men's Potluck 6:30 p.m. • <i>AA 7 p.m.</i>	7 • Choir Practice 7:30 p.m.	8	9 • Community Potluck 5 p.m.
10 • Rite I 8 a.m. • Rite II 10 a.m. • <i>The Expedition, parish hall, 4:30 p.m.</i> • Youth Group 6:30-8 p.m.	11 • <i>Al-Anon 7 p.m.</i>	12 • <i>Camp Fire Group 7 p.m.</i>	13 • Rite II 12:30 p.m. • Wednesday Wisdom Group 1:30 p.m. • <i>AA 7 p.m.</i>	14 • Choir Practice 7:30 p.m.	15	16 • Spiritual Stitchers 10 a.m.
17 • Rite I 8 a.m. • Rite II 10 a.m. • Art & The Gospel following the second service • <i>The Expedition, parish hall, 4:30 p.m.</i>	18 • Bible Study 6p.m. • <i>Al-Anon 7 p.m.</i>	19 • Chateau Pacific Holy Eucharist 1:15 p.m. • <i>Camp Fire Group 7 p.m.</i> • Bishop's Committee Meeting 7:30 p.m.	20 • Rite II 12:30 p.m. • <i>AA 7 p.m.</i>	21 • Choir Practice 7:30 p.m.	22	23
24 • Rite I 8 a.m. • Rite II 10 a.m. • <i>The Expedition, parish hall, 4:30 p.m.</i>	25 • <i>Al-Anon 7 p.m.</i>	26 • <i>Camp Fire Group 7 p.m.</i>	27 • Rite II 12:30 p.m. • <i>AA 7 p.m.</i>	28 • Choir Practice 7:30 p.m.	29	30
31 ALL HALLOWS EVE • Rite I 8 a.m. • Rite II 10 a.m. • <i>The Expedition, parish hall, 4:30 p.m.</i>						





**St. Hilda St. Patrick  
Episcopal Church**  
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425.743.4655

## **Bishop's Committee**

Eileen Bernat  
Jeff Cheek, Sr. Warden  
John Heberling, Jr. Warden  
Don Kelso  
Sam Magill  
Carol Rypkema  
Sue Shepherd  
Nancy Smith

## **Convention Delegates**

Chris Kelley  
Michael Rader  
Valerie Kelley  
Loretta Matson  
**Alternates**  
Bernie Johnson  
Nancy Smith

## **Office Hours**

Monday through Wednesday: 10 a.m. to 2 p.m.  
Thursday: 10 a.m. to 1 p.m.  
Friday: Office CLOSED

If you would like to schedule an appointment with Mother Cynthia, you may reach her through the church or email at [vicar@sthildastpatrick.org](mailto:vicar@sthildastpatrick.org). Cynthia takes her days off on Friday and Saturday.

## **Lorica**

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