



LORICA

March 2009

from mother cynthia

On Ash Wednesday we are called to observe a Holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. Doing this sounds right, and because we are people of prayer it even sounds like a good and holy thing to do. But in this world where we have instant gratification and pills for just about every thing that hurts, why in the world would we want to practice self-examination or self-denial? What is the point? If one doesn't read and meditate on God's holy Word the rest of year, why start in Lent?

I am not being flippant in asking these questions – I believe that we need to ask these questions of our assumed traditions and practices. So why keep a Holy Lent? The Episcopal church doesn't mandate that we do so. We believe that what Jesus did on the cross he did for everyone for all time. Keeping a Holy Lent doesn't provide us salvation; we already have that.

It helps to know that Lent is the 40 days before Easter, beginning with Ash Wednesday. However, if you count the days between Ash Wednesday and Easter, you will come up with more than 40. This is because Sundays in Lent are considered festal celebrations of the Resurrection, and are therefore not counted as Lenten days.

Lent symbolically represents the 40 days Jesus spent in the wilderness after his baptism, and the 40 years the Hebrews spent wandering in the wilderness before they entered the promised land. Theologically, Lent represents our own human wanderings and searchings like the Hebrews. Lent is our intentional pilgrimage with and towards God like Jesus. For the ancient church and Christians through the millennia Lent has been a time to refocus one's life on God. For some people it is a time to take on a particular spiritual discipline such as special acts of service or devotion. For others it is a time of fasting – of giving up something, whether it is a particular food, candy, alcohol... whatever draws one from being intentionally focused on God.

We know that if we are trying to change a certain behavior, we need to establish a new pattern or habit to replace the old. We have to find a new way to do things or we fall back into the bad habits. For example, if one wants to lose weight, replacing habitual over-eating, or unhealthy eating with healthy foods and exercise is the only way to make the weight-loss happen. If a new and more positive behavior doesn't replace the bad habit, then we return to the very behavior we are trying to stop.

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The Lorica's mission is to share the love of Jesus Christ through communication, information, education, and wholesome entertainment.

We intend to make quality and substance a priority and to provide a safe forum for dialogue on the spiritual and social issues of the day in which divergent views are treated respectfully and without judgment.

St. Hilda St. Patrick Episcopal Church
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Mother Cynthia's Message *continued from page 1*

At the celebration of baptism, we ask each candidate to renounce Satan and spiritual forces of wickedness, to renounce evil powers and sinful desires. Three times we ask the candidate to renounce those things that keep that person from the love of God. We ask them to give up bad patterns of behavior. But we don't leave the person in a vacuum. We immediately ask that person to turn to Jesus Christ and accept him as their Lord and Savior, to put their whole trust in his grace and love, and promise to follow and obey Jesus as Lord. We ask each candidate to turn away from bad behavior and turn towards God. In the very early Christian church, baptism was only celebrated at Easter as a sign of the complete new life in Christ to which that person was committing.

Therefore, keeping a Holy Lent is all about intentionally changing bad patterns and behaviors and replacing them with those things that keep us turned towards God. There are many practices and disciplines one can take on to do this. The point is

to commit to one practice that will change your focus.

This Lent, as a community, we are focusing on silence. We are taking the opportunity to listen for God corporately. Each Sunday at both 8 and 10 a.m. services will have the opportunity for silence. At the earlier service, which is already meditative, we have a time of silence after the sermon and before we say the creed. At the later service, we will have two opportunities for silence. After the gathering music we will have 2-3 minutes of silence before we begin the processional hymn. Then we will have silence after the sermon.

The silence may feel awkward at first, and I'm pretty sure that we won't get it completely right. But we offer ourselves to this practice in the hope that when Easter comes, we have listened just a little more, a little longer to what God has to say to us.

+Mother Cynthia

JUNIOR WARDEN'S message

I'm sure many of you have had this same experience. You head off to a Bishop's Committee retreat for training, inspiration and team building and you come back as Junior Warden. There's just kind of a natural flow to it, right?

So here I am in a position that doesn't have a real specific job description to it but is loaded with real needs and expectations. As it has been explained to me, the Junior Warden position at St. Hilda St. Patrick has primary responsibility for assuring proper care and improvement of our building and grounds. Does that mean I get to mow the lawn and paint the walls? Maybe, but I've certainly seen many people around the church who are much better at these tasks than me. Rather, I see it as getting the opportunity to coordinate with all the talented, skilled and enthusiastic members and friends of St. Hilda St. Patrick to assure that our beautiful facility is and remains comfortable,

attractive and inviting for God's people in our community.

With that in mind, initially we'll be pulling together information with regard to current facility operation and maintenance needs and processes and trying to get a sense of what improvements and replacements are coming up in the near future. It's a big job but it should help us prepare our maintenance and improvement budgets a bit more effectively. An inventory of internal skills and talents is also an objective so that we can tell if we have people to fix certain things or need to obtain outside assistance. Expect some inquiries with regard to this.

There's a lot to be learned and a lot to be done. We have a wonderful church facility and I think we all want the best for it within the resources we have available. I look forward to your useful suggestions and help as we go forward.

– John Heberling, Junior Warden



Rubber Chicken Ramblings

There are several ongoing outreach activities happening at St Hilda's-St Patrick's. At present, we're running a small Food Pantry to help members of the local community with short term, emergency food and household supplies. Contact Paige Seaborg for more information about this effort.

During Lent we'll be preparing to purchase and deliver food or other assistance to about ten families in our area.

A list of the needed basket contents will be posted on the wall of the Parish Hall for you to peruse and sign up for. Cash contributions are also welcome if shopping is difficult for you. Contact Carol Rypkema if you'd like to shop, sort or deliver a basket on Maundy Thursday.

We're also exploring the possibility of deepening our relationship with the students and staff at Scriber Lake High School, our district's alternative high school. We've been asked to provide bodies to help with some of their annual social events. There are two BBQ's each school year – one at the beginning as a "Getting to Know You" event, and a "Farewell" BBQ at the end of the year. The staff would love for us to help with the cooking and serving, as it would free them up to interact with

the students directly. The teacher I spoke with last week said the staff really want to be able to spend time with the graduating students, as they form very close bonds, and it may be the last opportunity the two groups have to interact.

Several congregation members have also talked about looking into some sort of community feeding program. We'd start small and see how things go. It is possible that we may explore this outreach effort as a way of helping the homeless students at Scriber Lake. Talk to Carol Rypkema if you have an interest in this and we'll look into the process of getting a group started.

There will also be a footwashing at the Seattle Center on April 8th. Our Deacon in Training (soon to be just plain "Deacon" – whoo-hoo!), Brian Wright is the source of information on this outreach. Please talk to him if you'd like to help.

Also, WE NEED SOCKS!!! They will be distributed at the footwashing on April 8th. Please bring in new, natural fiber socks (men's and women's) for Brian to take to Seattle. We'll get a box for your donations, and publicize its location soon.

Contact Carol Rypkema, Paige Seaborg, Brian Wright, or any member of the Outreach Committee to get more information or to help with any of these projects.

senior warden's message

Having been Sr Warden for just under a month, I have to say that I don't have much to report yet. But, what I do want to communicate is the strong sense of real excitement and possibilities that I feel in our congregation.

The people I sat with at the Annual Meeting were passionate about liturgy, eager to know more about Scripture, and anxious to participate more fully in the life of our church. From the comments offered by the other table groups, I believe that's a feeling shared by many others as well. Our sense of energy and commitment are contagious - just look at the visitors we have each week!

The Bishop's Committee is working hard on developing a plan – or "goal(s)" for the coming

year. You may hear a lot about that in this column, as that development process goes forward. I welcome your comments and input – please feel free to talk to me about any questions or concerns that you have as this year progresses. Just think of me as a gigantic ear... (Kind of boggles the mind, doesn't it?)

As we grow and flourish together, some things will stay the same – our emphasis on the life of worship and on reaching out into the local community – and some things may change. May we all work together and help one another, strengthening our sense of being a community grounded in the love of Christ.

- Carol Rypkema, Senior Warden

Music Notes

Lent is the season of introspection and self-examination. It is a time to get on the right path if you have strayed off it and to take corporate ownership of the ills of the world whether or not you are individually responsible. In Judaism, we have a similar, though shorter period called the Days of Awe between Rosh Hashonah and Yom Kippur. Although Rosh Hashonah is the Jewish New Year, it is only partially joyous, because it begins a ten day period of setting the mistakes and failures of the previous year right. We are expected to apologize to those we have wronged and even more dif-

ficult, forgive those who apologize to us. We also take corporate responsibility for our failures to care for others in the world and our environment. Sound familiar? So, I get Lent.

Through Epiphany, the music became more and more joyous as a reflection of the light and gifts of God.....but now it's time to tone it down and get a little more serious. I hope that the more prayerful and sometimes sorrowful tone of the Lenten music will aid each of you on your own personal journey to the cross with Jesus.

- Andrea Brown

DIT* Notes – Lent and the Kingdom of God

The phrase “The Kingdom of God is just inside you” keeps rattling around in my brain. While I intuitively know that the phrase is a corruption from the Taize chant “The Kingdom of God is justice and peace” I still can not get it out of my mind. So I decided to contemplate why it remains in my mind and offer it to you as something to ponder during Lent.

As Christians we believe that Jesus came to bring the Kingdom of God to earth and we further believe that we each carry a part of God and Jesus within us which we call the Holy Spirit. Intellectually the Holy Spirit is the spark of life that gives each of us being. Spiritually the Holy Spirit as the still small voice inside of each of us which when we listen tells us what we are to do as God's children. So if we have God within us so also is the Kingdom of God within us, the question is do we recognize it and how do we act upon it?

Then there is the issue of evil which seems to haunt all of us; maybe because we work so hard at not hearing that still small voice inside us. Too

often we give voice to the dark side in order to stroke our egos and feed our misguided principles. The 20th century mystic, Thomas Merton, called this the false self, the part of our being that is not a part of the Kingdom of God. The false self is a safe place that is warm and fuzzy, the part of our being that seems to protect us from the cold cruel world. However, it actually acts as a spiritual depressant causing us to withdraw further within ourselves and further away from the Kingdom of God. At some point if left unchecked it causes us to lose our sense of justice and peace (the true Kingdom of God) and then evil is bound to erupt.

The strange part of all of this is we need both our false self (our ego) and our true self (the Holy Spirit) to exist in this world. Our challenge for Lent is to examine ourselves through prayer, fasting, and self denial; and by reading and meditating on God's holy Word to discern how to achieve balance and truly be a part of God's Kingdom.

Pax, Brian Wright

*Deacon in Training

More Musical Journeys - Everett Chorale 2008-2009 Season

All performances at Everett Performing Arts Center, 2710 Wetmore Ave, Everett. Program may be subject to change without notice

Hosannas & Hallelujah! Selections from Handel's “Messiah” and Andrew Lloyd Webber's “Jesus Christ Superstar” featuring Special Guests: The Trinity Lutheran College Concert Choir. Sat., April 4, 7:30 PM & Sun., April 5, 3:00 PM

Up, Up and Away A Musical Trip Around the

United States featuring Folk and Popular Music From All Regions Of Our Country Sat., June 6, 7:30 PM & Sun., June 7, 3:00 PM

Single Tickets: General Admission \$16.00, Seniors/Students/Military \$14.00. 10% Group rate discount for 10 or more in group

For ticket information call:

(425) 257-8600, Toll free: 1-888-257-EPAC

Box office hours: Tues.- Sat. 11:00 am - 7:00 pm

The Faith Forum for Lent

Telling the Jesus Story

Jesus once asked his disciples, “Who do you say I am?” Then as now that question really goes to the heart of who we are as we walk our walk of faith in Christ. Dare I ask, “Can you answer that question?” Is it possible to draw a line from Jesus’ life and teaching to your own way of living? Would knowing the Jesus story help you understand your own faith story?

If yes, or even maybe is the answer to any one of these questions, come to the Sunday Faith forum and experience the vitality of Jesus. You will hear three voices talking of their own journey and how scripture has grounded them in their love and experience of Jesus. Mother Cynthia, Brian and I will try to flesh out the stories that may be very familiar to us but may not seem to have impacted our world very much.

We hope to give you lots of food for thought during the Lenten season by using what is now called “story theology”. Don’t panic or get discouraged, it will not be dull or boring. There will not be one Greek or Latin phrase. We want you to know the living Jesus whose words and deeds are part of our everyday life.

So come! There will be coffee and tea to drink, goodies to eat (remember, no fasting on Sundays in Lent) and soul food with the living and wonderfully accessible Jesus Christ.

- Phyllis McCormick

Keeping a Holy Lent

Telling the Story

Sunday Morning Forum:
9:10 – 9:50

How is my life connected to Holy Scripture?

Exploring the scripture and learning how to theologically reflect on our lives.

Starting March 1

Who is My Neighbor?

Home group bible study and fellowship. Meet in small groups for a guided study of scripture and get to know one another. Guided study includes youth/children.

Groups will self-organize at the Kickoff session and decide the 3 times that they will meet.

Groups can meet in the evening or day.

More details at the Kickoff potluck session, March 4 at 6:30 p.m.

Sunday School Calendar

March – April 2009

9am Sunday School and CIA (Youth Group)

10am Children’s Chapel

Mar. 1 Sunday School & CIA – 9am
Children’s Chapel – 10am

Mar. 8 Sunday School & CIA – 9am
Children’s Chapel – 10am

Mar. 15 Sunday School & CIA – 9am
Children’s Chapel – 10am

Mar. 22 Sunday School & CIA – 9am
Children’s Chapel – 10am

Mar. 29 No Program – Spring Break

Apr. 5 Palm Sunday
Gospel Presentation

Apr. 9 Maundy Thursday

Apr. 10 Good Friday

Apr. 11 Easter Vigil

April 12 Easter Sunday – No Sunday School

The Children’s Table in the Sanctuary will have support materials for the weekly lessons during the last part of the service.

Sunday School will be in the first classroom on the right as you enter the Education Wing.

Children’s Chapel/Godly Play will be in the second classroom on the right as you enter the Education Wing.

The Nursery will be available for infants through preschool age children needing personal freedom and expression as needed.

Bishop Greg – Polity 101

March 11 at 6:30 p.m.

How does the Episcopal Church run? What is the diocese? How does our church connect to the diocese?

Come hear our diocesan Bishop teach about who we are and why we are the Episcopal Church.

Dinner included!

Opportunities for you to connect, engage and reflect on your life as a follower of Jesus Christ



March Birthdays

- 1 Shirley Carrithers
- 2 Preston Scheid
Pete Schonenburg
- 3 Andrea Brown
John Coale
- 4 Jo Rangel
- 10 Chris Graham
- 11 Matthew Cooper
- 14 Kaley Lane Eaton
- 15 Jim Allendoerfer
- 16 Kapiolani Lee
- 18 Maura Harrison
- 19 Jill Johnson
- 21 Gavin Swayne
- 22 Jennifer Coale
- 24 Steve Evans
Kelley Epley
- 26 Désha Davis
Donna Walther
Larry Weiss
- 30 Bernie Johnson
- 31 Mike Rizzotti

April Birthdays

- 1 Tod Brown
Klara Gaspers
Ray Smith
- 2 April Cooper
- 5 Emilio Aguayo
Amanda Ly
Jim Patrick
- 7 Marjorie Malvern
- 9 Eileen Bernat
Dolores Dean
Jane Tuttle
- 15 Angus Jo Wittenborn
- 19 Emily Seaborg
- 20 Ben Lindhardt
Pat Payne
- 21 Barbara Linvog
- 22 Jessica Callahan
- 25 Rosemary Harris
Zoe Clair Matsui
- 27 Anna Mindt
Bill Pratt
- 28 Walter Swayne

Play Group

Children ages 5 and under and their parents are invited to meet, talk, and play together on Tuesday mornings at 10:30 a.m. in the Nursery/Playroom and Parish Hall at St. Hilda St. Patrick. Contact Deb Walrath if you would like to participate. Bring your friends!

Youth Group News

The Youth Group is having a **Lock-In on Saturday, March 7th**, beginning at 5:00 p.m. and ending after the 10:00 service. All junior high and high school kids are invited to attend. The junior high kids are asking 1 friend to join them for the night. We will be making pizza, cookies, popcorn and just plain FOOD! There will be games, movies, music and loads of fun. There will of course be adult supervision.

Mark your calendars for Sunday, **April 19th**. That will be **Youth Sunday** at St Hilda St Patrick. The kids will be planning and participating in this service. Come join us in our celebration of the risen Lord.

The kids want to play ball together... soooooo, how about a challenge, HP kids against HP adults for a softball game to be followed up by a family picnic after the game 'cause you just can't have a ball game without dogs! (date to be determined).

Be proud of your young people... they rock!

Jenn Walrath & Sharon Rader

The First Sunday of Lent

March 1st will be the third annual Episcopal Relief & Development Sunday. This special day is an opportunity for Episcopal congregations to engage with the Episcopal Church's ongoing commitment to fighting extreme poverty and disease worldwide. To guide parishioners through this season, and help them to explore their spiritual connections to people living in poverty, Episcopal Relief & Development developed a Lenten Devotional, adapted from the Rev. Barbara C. Crafton's Almost-Daily Emos. We have ordered and received the devotional books, which will be distributed soon.

Food Baskets for Easter

We will be helping at least ten families this Easter by providing Easter Dinners plus about a week's worth of extra food. There is a sign-up sheet in the Parish Hall so you can help our families by either donating food or cash. If you have any questions, or can help in other ways, please contact Carol Rypkema.



Cookies, Cookies, and more Cookies

KAIROS, the Ministry to those in prison that changes the lives of all who participate, including the prisoners and those who minister to them, needs your help. Plus, you can have fun helping! We're going to have three sessions of Cookie Baking for KAIROS in March-April. Please join us Friday, March 14, Friday, March 27, and Friday, April 3 at 7:00 p.m. in the Church Kitchen. There is a sign-up sheet in the Parish Hall so you can sign up for all or part of the dates. We can only get so many people in the kitchen working efficiently at a time, so we've limited the number per Friday. If you want to bake but can't come to any of the Fridays, you can still bake at home, and then bring in your cookies. HOWEVER, there are certain restrictions on the cookies. They have to be home-made (we ask that you pray as you bake), they have to be plain (you can't add sprinkles or several other items, including powdered sugar). Carol Rypkema can tell you what the other restrictions are, and will be happy to pick up cookies that are delivered to church for KAIROS. Please contact her if you have question, and PLEASE SIGN UP.

Habitat for Humanity Benefit

1st Annual "Roof of the World" Concert March 14th, Everett Civic Auditorium. Habitat for Humanity, Snohomish County, is sponsoring this exciting concert featuring The Battlefield Band of Scotland and Wendy McIsaac. The Battlefield Band has been on the music scene for many years – and features foot stomping bagpipe, fiddle, keyboard and guitar instrumentals. To hear their music, go to www.battlefieldband.co.uk. Wendy McIsaac comes from Creignish, Cape Breton, Canada. Ms. McIsaac is a fiddler, piano player and step-dancer of note. She has travelled the world with her band and music for the past ten years.

Profits from this concert will help underwrite the work of Habitat for Humanity in Snohomish County. Tickets are \$25; \$30 and \$50.00 each. Call the Habitat office at 425 258 6289 to order tickets.

Camp Huston Presents

Calling all parents, teachers, and anyone working with kids! The American Camp Association presents, "Raising kids in difficult times – the partnership camp can offer!" This FREE event, held at the Museum of Flight, will begin with a camp exhibit at 6:30pm; Come see what Camp Huston has to offer this year! Then from 7-9pm join Director Bill Tubbs and Program Director Chelsea Hendrikx for an evening with Bob Ditter, a national consultant for agencies working with children. He will discuss helpful parenting tips and how the camp experience supports parents and positive youth development. Don't miss this great opportunity! Thursday March 19, 2009, 6:30-9:00pm. See www.huston.org or call the Huston office at 360-793-0441 for more information. We look forward to seeing you there!

Winter Weekend at Camp Huston!

Come on out to Camp Huston for the first Winter Weekend at Camp! Starting Friday March 13th for dinner and ending Sunday March 15th after lunch, enjoy outdoor adventures, warmth by the fire, worship and campfire songs at night, and strong relationships that last throughout the year. This event is open to ages 14-18 years old. It is a great idea for those interested in a counselor position during summer camp or a fun way to spend time with friends! Cost is \$50.00 per person; includes meals, accommodation, and activities. The date is approaching fast so please send your registrations in as soon as possible! Registration form can be found at www.huston.org. Questions? Call the Huston office at 360-793-0441 or email info@huston.org. We hope to make this great weekend an annual event!

Race for the Cure June 7

Sign up for the St. Hilda-St. Patrick Episcopal Church Team for the 5K walk. Please contact Sue Rizzotti if you have questions.

The “New” Library

A “face lift” for the St. Hilda St. Patrick library is completed.

Three cheers for the host of angel volunteers who gave a bright new look to our library. Many helpers contributed their labor to add beauty and functionality to a favorite space in our building. Grateful thanks go to all those who helped besides those named. Here is a bit of the story of our face lift:

Our first task was to pack up the collection of books so that Don Stapleton, Junior Warden, could tackle the mildew and mold in the corner by the fireplace. I did most of the packing, trying to keep some order to the task by numbering the boxes. Mike Wheat helped Don to patch the wall and then the walls were painted a light yellow. New shelves and lighting were installed with help from Brian Wright.

Both the new lighting and shelves really make the books visible and accessible. Now members



and visitors can even read the book spines to see what a fine collection we have.

The snow in December delayed the installation of a new “heavy use” carpet but when that was done the call went out for help to move the boxes of books back into the library. Richard Lee and Giles & Sue Shepherd helped, as well as Alex Bernat.

Then the creative magic of Debbie Lindhardt was turned loose to find the right furnishings to make the new library attractive, comfortable and inviting to all. WOW, what a great job she did. She has some really great stories of learning to use a new power tool to remove the old metal wire grate from the fireplace screen; and then polishing so it emphasizes the gorgeous patterns on it, she and Lars getting a bargain with the used hotel furniture store sales manager; and finding new lighting for the fireplace, which adds the spark of atmosphere. Last but not least Debbie helped me to say good-bye to some old supplies that found a home with Creation Station in Lynnwood.

Please step into the library, find a book to read, and enjoy the beauty of the space and the comfy chairs. Book checkout is for one month, if you want to take some books home. Many of our books are donated by the members who want to share their love of reading with others. It is your library to use and take pride in.

-Mother Guardian Dorothy-Anne, LSSC Librarian

2008 Contribution Statements

The statements will have been distributed in person or by mail by the time you read this. If you made a contribution by check during 2008 you should receive a statement, regardless of whether or not you made a pledge.

It is a routine audit procedure to have individuals with questions about their pledge statement direct them to the Audit Committee Chair – in this case, Charlotte Pratt – to have any discrepancies resolved. So, call Charlotte, and she will get your

question resolved with either the Treasurer, Bernie Johnson, or the 2008 Pledge Treasurer, Carol Rypkema. Thanks!

P. S. I had some trouble communing with the new accounting software, and didn't realize until after the statements were printed that only the first name on any family's membership record printed on the statement. Spouses – we know you contributed, too! (Sorry – we're working on the software..-Carol Rypkema)

Book review:

The Great Emergence by Phyllis Tickel

I love to read and every now and then I run across a book that I find so interesting that I feel compelled to share it with others. This Christmas I got an early present in the form of Phyllis Tickel's new book, The Great Emergence: How Christianity is Changing and Why. The book is a concise treatise on the great rummage sales of the church that seem to occur every 500 years or so as we re-tradition our faith. One of these semi millennial rummage sales is in full progress right now in the early 21st century and is affecting all of us.

The book is a good read (I could hardly put it down), is only 172 pages in length, and it covers the 2000 years of church history at a level sufficient to provide insight into what has happened without bogging down into theological or historical details. Phyllis is a life long Episcopalian and remains active as a lector and Lay Eucharistic Minister. She became the first Religion Editor of Publishers Weekly a job which she retired from

in 1996 but continued to support through 2004 as a contributing editor. She is extremely well versed in the church and church history and has a keen eye for tying together the apparent with the obscure. For example what do Rosie the Riveter, the Flivver, and Pentecostalism have in common – for Phyllis they are all elements of 20th century societal change that are influencing the emerging church of the 21st century.

Go to <http://www.youtube.com/watch?v=LY83MF2HZcU> to get a bit of the flavor of the rich food for thought that is in this book. And if you are least curious as to why things are the way they are today in the established church and especially in the Episcopal Church then I urge you to get a hold of a copy of this book and absorb some fascinating history, social commentary, psychology, and insight from a deeply knowledgeable and spiritual author.

- Brian Wright, Deacon in Training

Food Pantry

We are very low on food in the Food Pantry. We need just about everything. Low-fat, low-sugar, low-salt items are especially appreciated. Meat/chicken/tuna/salmon are also good, as most people can't get these at food banks. Juice, canned vege-

tables, baking needs are put to good use too. Other things people can't get from food banks, such as feminine hygiene, laundry soap, dish soap, etc. (non-food items) are helpful. We're already seeing more use than previously, from new people.

Financials

Income

	Actual	Budget
Operating		
Pledge Income	\$9,798	\$11,045
For 2008	\$1,618	
Total Pledge Income	\$11,416	
Plate Offering	\$2,287	\$1,600
Other Misc. Income	\$665	
Total	\$14,368	\$13,479
Non-Operating	\$0	\$0
Total Income	\$14,368	\$13,479

Expenses

Operating Exp.	\$14,227	\$16,487
Non Oper. Exp.	\$625	\$1,433
Total Expenses	\$14,851	\$17,919

Net [Income Less Exp.] (\$483) (\$4,440)

Financial Conclusions:

For January we over spent less than Budgeted but:

1. There was income from people making up their pledges for 2008 (one time thing)
2. Some expenses for January aren't paid until February or at the end of the Quarter such as Federal FICA and State L&I.
3. We are optimistic that people will keep current on their pledges, that new people will join us at St. Hilda St. Patrick and give, that we hope no unforeseen expenses come up.

If you need a pledge card, please ask Mary Gates in the office, or Bernie Johnson, Treasurer.



Shawls in the World

Drop a pebble into a still pond, and the ripples move out to the edges of the pond. Like the pebble, give away a prayer shawl and watch the ripples.

The St. Hilda St. Patrick knitting group, Spiritual Stitchers, make prayer shawls to be given to those who need comforting. One shawl was given to a parishioner's mother down by Olympia. She was so wrapped and comforted by that shawl, she wanted a shawl to give to her priest for that priest's Celebration of Ministry. Of course, we gave her one. A little of St. Hilda St. Patrick now resides in Olympia. How cool is that?

Landscaping News

While it may appear that both Spring and Easter are many weeks away, both will be here before we know it. If you have a little time and you enjoy gardening – please join us. Our lawns and gardens take many hands to maintain – there are planting beds yet to be adopted; yard and trail cleanup; pots to be filled with flowering plants; edging and weeding. Our Labyrinth requires some regular maintenance; shrubs and trees need pruning. If you have a desire to “dig in”, please let me know – you will be warmly welcomed. Peace - Melody

Whole Music & Art Camp

Music and Art Camp is happening again this summer (July 6-10) at St. Hilda St. Patrick for youth going into 6th grade through high school. Not only do you enjoy a week of music and art, you will also be cooking a variety of ethnic cuisines and dancing to an African beat. A concert is scheduled for family and friends on July 10th. The cost is \$250 for the week with a \$50 deposit to accompany the application. Applications are available from Andrea Brown or Mary Gates in the church office. Space is limited - sign up today! For information contact the church office at 425-743-4655.

Outreach: Habitat for Humanity of Snohomish County

Habitat for Humanity of Snohomish County is a volunteer driven organization building simple, decent, affordable homes in Snohomish County for families who meet three basic criteria: income between 25% and 50% of median income based on family size; current living conditions and a willingness to participate in the sweat equity. Working together with the families who will live in these homes, volunteers experience the joy of the family as they work toward home ownership. The most current Habitat project - “Monagan Mor” - is a four home plat located at 6624 Broadway Ave in Everett. The Saturday work crews are large, well organized, productive – AND HUNGRY!!! For well over two years, St. Hilda St. Patrick has contributed lunch – sometimes once a quarter – recently, once a month – to support the work of the volunteers at the worksite as one of our Community Outreach projects. On February 7th, four “lunch” volunteers from St. Hilda St. Patrick

assembled lunch for 35 site workers. Sandwiches, cookies, brownies, loaf cakes, vegetables, fruit, potato chips, water and juice were delivered to the site promptly at 11:15 a.m. – volunteers begin work early in the day – and are ready to eat by 11:30. So we can't be late!

There are many volunteer opportunities within Habitat for Humanity. Perhaps preparing and delivering lunch isn't your burning desire. You can volunteer in the office in Everett; serve on committees; participate in special projects or construction. You can volunteer as little or as often as you like. All volunteer positions provide assistance that directly or indirectly result in construction of decent housing.

Our next opportunity to prepare lunch for the Habitat volunteers will be March 7th. If you would like to join us for lunch shopping, preparation or delivery, please see Melody Oxley.

Bishop Committee Retreats at Camp Huston



The Bishop Committee worked through lots of models of churches creating lots of charts. Eileen Bernat, left, is reporting back after one of the exercises. Below, Carol Rypkema leads the group through conclusions after another exercise



It wasn't all work! Friday night John Heberling played the guitar and the BC sang camp songs, church songs, any song that everyone knew, late into the night.

Lent I March 1	Lent II March 8	Lent III March 15	Lent IV March 22	Lent V March 29	Palm Sunday April 5
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Ministry

Altar Guild	Team D	Team D	Team A	Team A	Team B	Team B
	Janet Kowalski		Désha Davis		Maria Han	
	Melody Oxley		Pam Gaspars		Paige Seaborg	
	Rosemary Stapleton					

Rite I - 8 a.m. PLEASE TRY TO FIND YOUR OWN SUBSTITUTE

EM	Nancy Smith	Brian Wright	Jane Tuttle	Dorothy Kiest	Brian Wright	Nancy Smith
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Breakfast Team	Team D	Team F	Team E	Team G	Team A	Team B
Leader	Valerie Kellye	Debbie Lindhardt	Martha Walker	Rosemary Stapleton	Sue Rizzotti	Jill Johnson

Greeters	Rosemary & Don Stapleton	Nora & Jeff Cheek	Pat & Jim Allendoerfer	Nora & Jeff Cheek	April & Glenn Cooper	Maria Han Melody Oxley
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Ushers	Maria Han Don Kelso	Gwynne Briggs Melody Oxley	Richard Lee Martha Walker	Janet & Joe Kowalski	Rosemary & Don Stapleton	Don Kelso Martha Walker
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Rite II - 10 a.m. PLEASE TRY TO FIND YOUR OWN SUBSTITUTE

Lector (OT)	Marcos Valle	Sharon Radar	Jeff Cheek	Gwynne Birggs	Jane Tuttle	Carol Lewellen
Psalm Leader	Marcos Valle	Sharon Radar	Jeff Cheek	Gwynne Briggs	Jane Tuttlw	Carol Lewellen
Lector (NT)	Carol Lewellen	Michael Radar	Paige Seaborg	Eileen Bernat	Nate	Marcos Valle
EM	Nancy Smith	Sue Shepherd	Greg Walrath	Mary Gates	Jane Tuttle	Nancy Smith
EM	Ray Smith	Sharon Radar	Richard Lee	Phyllis McCormick	Carol Lewellen	Ray Smith

Plate Counters	Don Kelso Janie Larson	Martha Walker Denise Avery	Mary Gates karen Haslam	Bob Espeseth Joe Kowalski	Don Kelso Mary Gates	Martha Walker Bob Espeseth
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March 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 •Al-Anon 7 pm	3 • Play Group 10:30 am •Holy Eucharist at Chateau Pacific 1:30 pm	4 •Rite II 12:30 pm • Who Is My Neighbor? 6:30 pm Parish Hall	5 •Choir Practice 7:30 pm •Camp Fire Group 7 pm •AA 7:30 pm	6	7 •Men's Group, Marcos Restaurant, 8 am Youth Lock-in begins at 5 pm
8 •Rite I 8 am •Sunday School 9 am •Rite II 10 am •The Expedition, parish hall, 4:30 pm	9 •Al-Anon 7 pm	10 •Staff Meeting 9:30 am • Play Group 10:30 am	11 •Rite II 12:30 pm •Bishop Greg 6:30 pm	12 •Choir Practice 7:30 pm •Camp Fire Group 7 pm •AA 7:30 pm	13 •Cooking baking for Kairos 7 pm	14
15 •Rite I 8 am •Sunday School 9 am •Rite II 10 am •Worship Committee 12 noon •The Expedition, parish hall, 4:30 pm	16 •Al-Anon 7 pm	17 •Staff Meeting 9:30 am • Play Group 10:30 am •Lay-led Holy Eucharist at Chateau Pacific 1:30 pm •Bishop Committee Meeting 7:30 pm	18 •Rite II 12:30 pm	19 •Choir Practice 7:30 pm •Camp Fire Group 7 pm •AA 7:30 pm	20	21 •Men's Group, Marcos Restaurant, 8 am •Spiritual Stitchers 10 am •Northwest I Child
22 •Rite I 8 am •Sunday School 9 am •Rite II 10 am •The Expedition, parish hall, 4:30 pm	23 •Al-Anon 7 pm	24 •Staff Meeting 9:30 am • Play Group 10:30 am	25 •Rite II 12:30 pm	26 •Choir Practice 7:30 pm •Camp Fire Group 7 pm •AA 7:30 pm	27 •Cooking baking for Kairos 7 pm	28
29 •Rite I 8 am •Sunday School 9 am •Rite II 10 am •The Expedition, parish hall, 4:30 pm	30 •Al-Anon 7 pm	31 •Staff Meeting 9:30 am • Play Group 10:30 am				



**St. Hilda St. Patrick
Episcopal Church**
15224 52nd Ave West
Edmonds, WA 98026
425.743.4655

Bishop's Committee

Eileen Bernat
Jeff Cheek
Sarah Clinton
John Heberling, *Jr. Warden*
Bernie Johnson
Carol Rypkema, *Sr. Warden*
Carol Soldetani
Jane Tuttle,
Martha Walker

Convention Delegates

Nancy Smith
Jeff Cheek

Alternates

Brad Kirschner
Mary Helen Roberts

Office Hours

If you would like to schedule an appointment with Mother Cynthia, you may reach her through the church or email at vicar@sthildastpatrick.org. Cynthia takes her days off on Friday and Saturday.

Lorica

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Information and support: Mary Gates, Sue Shepherd

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